



# A PLACE TO CONNECT AND LEARN

Welcome to the new  
**E-LEARNING ACADEMY**

- ▶ Safe remote learning environment
- ▶ Whole-student focus
- ▶ Academic and social support
- ▶ Fitness, leadership, arts, and more



Age-appropriate programming:

- Grades K-5
- Grades 6-8
- Grades 9-12



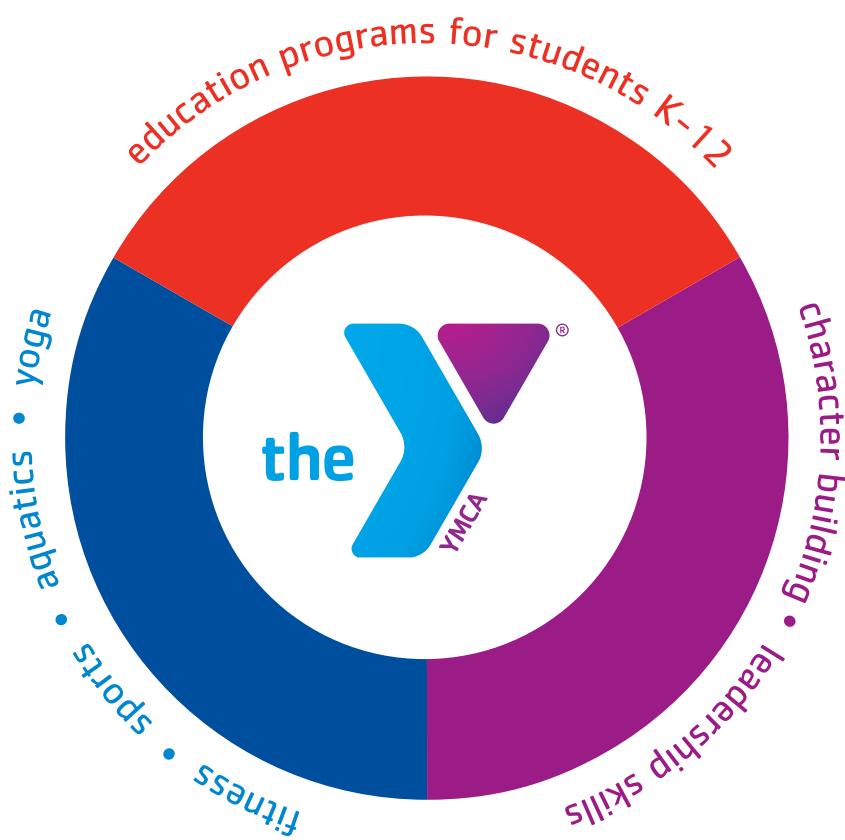
# A RICH HERITAGE OF COMMITMENT TO BODY • MIND • SPIRIT

The YMCA of Northwest North Carolina has always been a place for people of all ages to get and stay well, in **body**, **mind**, and **spirit**.

In 1908, when the first Y facility opened in our area, it included a pool, fitness rooms, a library, and classrooms. Over the last century, our facilities have been home to after-school programs, camps, career and college preparatory programs, and more.

Today we are building on our strong foundation of fitness, education, and enrichment to provide distinctly whole-student, facility-based programming for students impacted by COVID-19.

**The mission of YMCA of Northwest NC is to help all people reach their God-given potential in spirit, mind, and body.**



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**E-LEARNING ACADEMY**

# E-LEARNING ACADEMY PROVEN SUCCESS THROUGH COVID-19

The Y of NWNC first launched the E-Learning Academy in Spring of 2020 to serve children of essential workers. All told, the E-Learning Academy provided facility-based e-learning assistance to 144 K-8 students. The YMCA has also offered a variety of summer camps and programs for young people this summer, in compliance with guidelines from the Center for Disease Control.

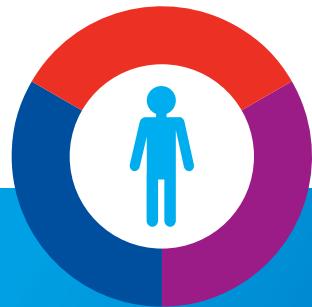
*"As essential workers, we were faced with the stress of trying to find childcare and homeschooling help for our daughter. At the Y, we know she is safe, supported in her learning, and getting the interaction she would not have at home. The E-Learning Academy was an answer to our prayers!"*

*"I am a nurse with 3 kids. If it weren't for the Y E-Learning Academy, I don't know how I could have kept working."*

*"Knowing that my son was cared for, happy, and loved made my job easier. I appreciated all his homework being completed, so when I picked him up to go home, I could enjoy just being his Mom."  
(Hospice Worker)*

# E-LEARNING ACADEMY

## A DISTINCTLY WHOLE-STUDENT APPROACH



***"We know that children learn more in school than just reading, writing and arithmetic. They get social and emotional skills, healthy meals and exercise, mental health support, and other things you just can't get with online learning."***

– Dr Sally Goza, President of The American Academy of Pediatrics

### **E-Learning Academy has been created with an intentional whole-student approach that includes:**

- On-site education support and tutoring (Students bring their own assignments, materials, and technology; WiFi and in-person academic support is provided by the Y.)
- Peer connection and social-emotional development including **CircleUp** check-ins for students to share how they're doing
- A choice of **Y Selectives**: arts, hobbies, fitness activities, athletic training, leadership development, and more

## CONVENIENT AND SAFE

- Convenient, flexible program hours (7:00AM drop-off to 6:00PM pick-up)
- Strict safety and cleaning protocols based on guidelines from the Center for Disease Control and Department of Health and Human Services
- 1:10 staff-to-student ratio, social distancing, and masks for students and staff when indoors (and when social distancing is not possible outdoors)
- Breakfast, lunch, and afternoon snack provided





# A PLACE TO GO AND GROW

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GRADES

**K-5**

Online learning can be especially challenging for Grades K-5. In addition to helping students connect to e-learning activities like Zoom calls and live streams, Y staff are also available to provide in-person academic support and tutoring. Throughout the day, children will engage in social-emotional learning (SEL) activities that help them express themselves and connect with other children.



<b>7:00–9:00AM</b>	<b>drop-off, breakfast, SEL</b>
<b>9:00–11:30</b>	<b>academic time (with break)</b>
<b>11:30–1:00PM</b>	<b>lunch, CircleUp check-in</b>
<b>1:00–2:40</b>	<b>academic time (with break)</b>
<b>3:00–4:00</b>	<b>Y Selectives</b>
<b>4:00–6:00</b>	<b>pick-up, snack, games, SEL, and academic support if needed</b>

Schedule provided as an example only. Schedule will follow school system guidelines by grade.

Pandemic or not, kids are kids. They need to play and interact, and they need the freedom to make choices. That's why we are working on a growing list of **Y Selectives**, so kids can choose activities that interest them.

- Legos
- yoga
- art
- swimming
- dance
- sports

More Y Selectives coming soon!





# A PLACE TO CONNECT AND LEARN

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GRADES

**6 - 8**

The material taught in Grades 6–8 can be challenging to learn from a distance. In addition to helping students connect to e-learning activities like Zoom calls and live streams, Y staff are also available to provide in-person academic support and tutoring. In their “down time,” students connect with peers through their choice of Y Selectives.



<b>7:00–9:00AM</b>	<b>drop-off, breakfast, reading</b>
<b>9:00–11:30</b>	<b>academic time (with break)</b>
<b>11:30–1:00PM</b>	<b>lunch, CircleUp check-in</b>
<b>1:00–2:40</b>	<b>academic time (with break)</b>
<b>3:00–4:00</b>	<b>Y Selectives</b>
<b>4:00–6:00</b>	<b>pick-up, snack, games, and academic support if needed</b>

Schedule provided as an example only. Schedule will follow school system guidelines by grade.

When it's time to set schoolwork aside, E-Learning Academy offers **Y Selectives**. Students choose from a list of activities they can enjoy with like-minded peers:

- Zumba
- swimming
- drama
- sports
- yoga
- leadership development

More Y Selectives coming soon!





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GRADES

**9-12**

**High school is supposed to be a time of social connection. E-Learning Academy offers high schoolers the ability to connect for e-learning while also safely connecting with each other. For high-schoolers, we offer a more flexible schedule (details to come) and benefits — like the ability to use Y facilities for club meetings and study sessions.**



<b>7:00–9:00AM</b>	<b>breakfast, study time</b>
<b>9:00–11:30</b>	<b>academic time (with break)</b>
<b>11:30–1:00PM</b>	<b>lunch, CircleUp check-in</b>
<b>1:00–4:00</b>	<b>academic time (with break)</b>
<b>4:00–6:00</b>	<b>Y Selectives, Achievers clubs, and more</b>

Schedule provided as an example only. Schedule will follow school system guidelines by grade.

**Connect with like-minded peers with Y Selectives. Amp it up with athletic training, or chill out with a yoga class. Experiment with robotics, or explore college & career options.**

- robotics
- swimming
- drama
- athletic training
- yoga
- college/career prep

**More Y Selectives coming soon!**





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### PARTICIPATING LOCATIONS

The E-Learning Academy is being hosted M-F at the following area Y branches beginning on August 17, 2020. The Y plans to maintain this program for as long as WS/FCS school facilities are closed to students due to COVID-19. (After-School Academy will remain open after schools open to students.) Hours, policies, and locations are subject to change.

Alexander County Family YMCA  
Davie Family YMCA  
Fulton Family YMCA  
Jerry Long Family YMCA  
Kernersville Family YMCA

Statesville Family YMCA  
Stokes Family YMCA  
Wilkes Family YMCA  
William G. White Jr. Family YMCA  
Winston Lake Family YMCA

### PROGRAM COST

Pricing below is for Forsyth County branches and includes weekly registration fee. Other locations may vary; see website for details. Students must be registered by the previous Wednesday to attend. For membership information, visit [www.ymcawnc.org/join](http://www.ymcawnc.org/join).

<b>5 days/week (M-F 7AM-6PM)</b>	<b>\$195/week members</b>	<b>\$225/week non-members</b>
<b>3 days/week (7AM-6PM)</b>	<b>\$155/week members</b>	<b>\$185/week non-members</b>
<b>After School Academy (M-F 3-6PM)</b>	<b>\$50/week members</b>	<b>\$60/week non-members</b>

### AFTER-SCHOOL ACADEMY

The YMCA After-School Academy remains an option for families who need support Monday through Friday 3-6PM but do not need e-learning support during the day time. After-School Academy includes one hour of academic support and homework help, a healthy snack, and fun activities with an emphasis on character development.

**CLICK HERE to REGISTER**

or visit  
[www.ymcawnc.org/](http://www.ymcawnc.org/)